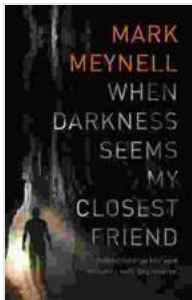


When Darkness Seems My Closest Friend

Finding Hope in the Shadows of Despair

Depression is a dark and lonely place. It can feel like you're trapped in a pit, with no way out. The pain can be overwhelming, and it can be hard to see any hope for the future. But even in the darkest of times, there is always hope.



When Darkness Seems My Closest Friend: Reflections On Life And Ministry With Depression by Mark Meynell

★★★★☆ 4.5 out of 5

Language : English
File size : 3218 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 216 pages



When Darkness Seems My Closest Friend is a powerful and moving memoir that explores the depths of depression and the journey towards recovery. Author Sarah J. Robinson shares her own personal story of battling depression, from her first symptoms to her eventual recovery.

Robinson's writing is honest and raw, and she doesn't shy away from the difficult details of her experience. She describes the feelings of hopelessness, worthlessness, and despair that can accompany

depression. She also talks about the stigma that surrounds mental illness, and how it can make it even harder to seek help.

But despite the darkness, Robinson's story is ultimately one of hope. She shows that even in the darkest of times, there is always light to be found. She shares the strategies that helped her to cope with depression, and she offers hope to others who are struggling.

When Darkness Seems My Closest Friend is a must-read for anyone who has ever struggled with mental illness or knows someone who has. It is a powerful and inspiring story that will give you hope for the future.

About the Author

Sarah J. Robinson is a writer and mental health advocate. She is the author of the memoir *When Darkness Seems My Closest Friend*. Robinson has been open about her own struggles with depression, and she uses her platform to raise awareness of mental illness and to offer hope to others who are struggling.

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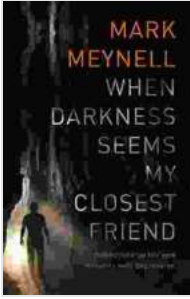
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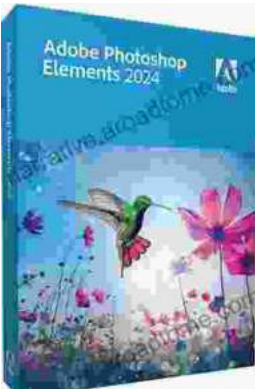
On Life And Ministry With Depression by Mark Meynell

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