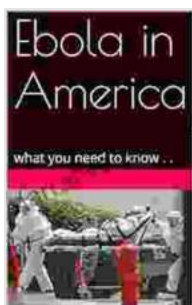


# Ebola in America: What You Need to Know

Ebola is a deadly virus that has killed thousands of people in Africa. In 2014, the virus made its way to the United States, where it infected several people and caused widespread panic.

This book, "Ebola in America: What You Need to Know," is a comprehensive guide to the Ebola virus. It covers everything from the history of the virus to the symptoms of infection to the latest treatments.



## Ebola in America: what you need to know . . by Ahdy Helmy

★★★★☆ 4.4 out of 5

Language : English

File size : 719 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 30 pages

Lending : Enabled



Written by a team of experts, this book is an essential resource for anyone who wants to learn more about Ebola. It is also a valuable tool for healthcare professionals who are treating patients with the virus.

## What is Ebola?

Ebola is a filovirus, which is a type of virus that is found in animals. The virus is transmitted to humans through contact with infected animals or their

bodily fluids.

There are five different strains of Ebola virus, and the most deadly strain is the Zaire strain. This strain is responsible for the majority of Ebola outbreaks in Africa.

## **Symptoms of Ebola**

The symptoms of Ebola can vary depending on the strain of the virus. However, the most common symptoms include:

- Fever
- Headache
- Muscle aches
- Vomiting
- Diarrhea
- Rash
- Bleeding

The symptoms of Ebola can appear anywhere from 2 to 21 days after exposure to the virus. The incubation period is typically 5 to 10 days.

## **Treatment for Ebola**

There is no specific cure for Ebola, but there are several treatments that can help to improve the symptoms and increase the chances of survival. These treatments include:

- Intravenous fluids

- Electrolytes
- Antiviral medications
- Plasma from survivors

The best way to prevent Ebola is to avoid contact with infected animals and their bodily fluids. If you are traveling to an area where Ebola is known to be present, you should take precautions to protect yourself from the virus.

## **Preventing Ebola**

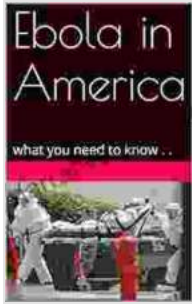
The following are some tips to help prevent Ebola:

- Avoid contact with infected animals and their bodily fluids.
- Wash your hands frequently with soap and water.
- Avoid touching your eyes, nose, or mouth.
- Cover your mouth and nose when you cough or sneeze.
- Stay home if you are sick.
- If you have come into contact with someone who is infected with Ebola, contact your doctor immediately.

Ebola is a serious virus, but it can be prevented. By taking the necessary precautions, you can help protect yourself and your loved ones from this deadly disease.

## **Additional Resources**

- Centers for Disease Control and Prevention
- World Health Organization



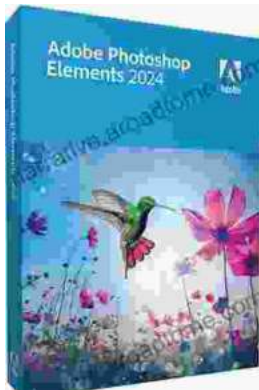
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