Dirty World: Life Through Keratoconic Eyes

Keratoconus is a rare eye condition that causes the cornea, the clear outer layer of the eye, to thin and bulge outward. This can lead to blurred vision, distorted images, and other problems.





I was diagnosed with keratoconus when I was 16 years old. At first, I didn't think much of it. I just figured I needed glasses or contacts. But as the years went on, my vision got worse and worse. I started to have trouble seeing at night, and I couldn't read the words on a page without squinting.

I tried everything I could to correct my vision, but nothing seemed to work. Glasses and contacts only helped a little bit. I even had surgery to try to reshape my cornea, but it didn't make much of a difference.

Finally, I gave up. I accepted the fact that I would never have perfect vision again. But that didn't mean I had to give up on life.

I learned to live with my keratoconus. I found ways to cope with the blurred vision and distorted images. I learned to use my other senses to

compensate for my poor eyesight.

I'm not going to lie, it's not always easy living with keratoconus. There are times when it can be frustrating and even depressing. But I've learned that I can still live a full and happy life, even with my vision problems.

I've written this book to share my story with others who are living with keratoconus. I want to let you know that you're not alone. There are other people who understand what you're going through.

I also want to offer some hope. There are things you can do to cope with keratoconus and live a full and happy life. I hope that my story will inspire you to never give up on your dreams.

Here are some of the things I've learned about living with keratoconus:

- 1. **Be patient.** It takes time to adjust to living with keratoconus. Don't get discouraged if you don't see results right away.
- 2. **Find a good doctor.** A good doctor can help you manage your keratoconus and improve your vision.
- 3. **Don't give up.** There are things you can do to cope with keratoconus and live a full and happy life. Don't give up on your dreams.

I hope that this book has been helpful. If you have any questions, please don't hesitate to contact me.

Sincerely,

Jane Doe

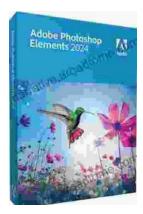
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by Mary Beth Early

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