Created To Be His Helpmeet Rebuttal: Uncovering the Truth About Biblical Gender Roles

In recent years, the book "Created To Be His Helpmeet" by Debi Pearl has gained popularity among conservative Christian circles. The book argues that women are created to be subservient to men and that their primary role in life is to support their husbands.



Created To Be His Helpmeet Rebuttal by Chelsea Wells

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This book has been met with widespread criticism from scholars, theologians, and feminists alike. Critics argue that it is based on a misinterpretation of the Bible and that it perpetuates harmful stereotypes about women.

In this article, we will provide a detailed rebuttal of the arguments made in "Created To Be His Helpmeet." We will examine the biblical evidence for

gender equality and discuss the harmful consequences of perpetuating traditional gender roles.

The Biblical Evidence for Gender Equality

One of the most common arguments used to support the view that women are subordinate to men is the creation account in Genesis 2. In this account, God creates Eve as a "helper" for Adam.

However, it is important to note that the word "helper" in this context does not mean "inferior." In the ancient world, helpers were often seen as equals or even superiors to those they assisted.

For example, the Hebrew word for "helper" (ezer) is also used to describe God's relationship with his people. In Psalm 121:1, God is referred to as our "helper." This shows that the term "helper" does not necessarily imply a subordinate role.

In addition to the creation account, there are many other passages in the Bible that affirm the equality of men and women. For example, Galatians 3:28 states that "there is neither Jew nor Gentile, neither slave nor free, nor male nor female, for you are all one in Christ Jesus."

This verse clearly teaches that God does not view men and women as different in terms of their worth or status.

The Harmful Consequences of Perpetuating Traditional Gender Roles

The belief that women are subordinate to men has had a number of harmful consequences throughout history. These consequences include:

- Violence against women: Traditional gender roles can create a culture of violence against women. When women are seen as inferior, they are more likely to be abused and exploited.
- Economic inequality: Traditional gender roles can lead to economic inequality between men and women. When women are confined to the home, they are less likely to have access to education and employment opportunities.
- Limited opportunities: Traditional gender roles can limit women's opportunities in all areas of life. When women are told that they are not capable of certain things, they are less likely to pursue those things.

It is clear that the belief that women are subordinate to men is harmful to both women and society as a whole.

A More Equitable Understanding of the Bible

In light of the biblical evidence and the harmful consequences of traditional gender roles, it is clear that we need a more equitable understanding of the Bible.

This understanding must be based on the following principles:

- God created men and women as equals.
- Men and women have different roles, but these roles are not hierarchical.
- Both men and women are called to love and serve God and others.

When we embrace these principles, we can create a more just and equitable world for all.

"Created To Be His Helpmeet" is a book that perpetuates harmful stereotypes about women and undermines the biblical teaching on gender equality.

In this rebuttal, we have examined the biblical evidence for gender equality and discussed the harmful consequences of traditional gender roles. We have also proposed a more equitable understanding of the Bible that is based on the principles of equality, mutuality, and love.

We encourage you to read this rebuttal with an open mind and to prayerfully consider the truth about biblical gender roles.



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